

Café Life Organic Vegan Café Menu

Check out our Chef's Specials posted on our
Facebook ([lifegroceryandcafelife](#) and [cafe life](#))
Instagram page ([@lifegroceryandcafelife](#))

COOKED

Red Bean Chilismall (7033) 4.49	large (7034) 6.99
Turmeric Lentil Soupsmall (7019) 3.49	large (7020) 5.99

Fusion Vegtabowl

Stir fried veggies and brown rice on a bed of fresh Romaine (8057).....9.99

Soul Food Plate

*Collard greens, mac & cheese,** mashed candied yams, and corn bread (8058)..... 9.99*

Avocado Melt *with sun sauce*/** on slice of sprouted grain toast** (7013).....9.99*

Black Bean Burger

with lettuce, tomatoes, onion and Vegenaize,/** sprouted grain bun** (7012).....7.99*

BLT Sandwich *tempeh bacon, * lettuce, and tomatoes with Vegenaize,*/** on sprouted grain toast** (7017).....8.99*

SIDES

<i>BBQ Tofu*</i> (7430)	2.99
<i>Baked Yam Fries</i> (7190).....	2.99
<i>Mashed Candied Yams</i> (7427)	2.99
<i>Corn Bread</i> (7369)99

LIVING

Avocado Delight Salad *Romaine lettuce, avocado, tomatoes, cucumber, onion, apple cider vinegar, olive oil, sunflower seeds.....sm (7337) **6.99**.....lg (7288) **9.99***

Taco Salad *Romaine lettuce, Living Taco Pumpkin Seed Meat, Living Pico de Gallo and Living Nacho Cheese *** (7397).....8.99*

Zucchini Pasta *Zucchini with Alfredo sauce *** (7421).....7.29*

Living Seed Bread *slice (7598)1.79*

* contains soy ** non-GMO *** contains non-GMO nutritional yeast (not a raw product)

updated 5/15/18