### Café Life Organic Vegan Cooked Selections

- **Black Bean Burger** (7012) Burger (black beans, basmati rice, flaxseeds, cilantro, seasonings, non-GMO safflower oil, sea salt,*) served on freshly baked unbleached white flour bun. 6.99
- **Blondie Burger** (7011) Burger (red beans, basmati, seasoned with Middle Eastern herbal blend, sea salt,*) lettuce, tomatoes, onions, non-GMO Veganease (contains soy)* served on freshly baked unbleached white flour bun. 6.99
- **BLT** (7017) Soy tempeh bacon, tomatoes, lettuce, non-GMO Veganease (contains soy)* served on freshly baked unbleached white flour flatbread. 7.99
- **Avocado Melt** (7013) Avocado, tomatoes, sun sauce (contains non-GMO soy), Datya cheese* (contains non-GMO safflower oil) served on freshly baked unbleached white flour flatbread. 9.99

### Café Life Organic Vegan Living Selections

- **Café Life Avocado Delight Salad** sm (7337) 6.99 lg (7288) 9.99 Romaine lettuce, avocado, tomatoes, cucumber, onion, apple cider vinegar, olive oil, sunflower seeds. **Living Zucchini Pasta** Alfredo (7421) Cashews, olive oil, seasonings, sea salt,* nutritional yeast. **/** 7.29 **Marinara** (7515) Sundried tomatoes, tomatoes, garlic, apple cider vinegar, olive oil, seasonings, sea salt,* 8.29

- **Add Living Seed Bread to Avocado Delight or Pasta** (7500) /slice 1.49
- **Living Taco Salad** (7397) Romaine lettuce, living taco pumpkin seed meat (pumpkin seeds, sundried tomatoes, raisins, apple cider vinegar, olive oil, seasonings, sea salt*); living pico de gallo (tomatoes, onion, cilantro, apple cider vinegar, seasonings, lime juice, sea salt*); living sour cream (cashews, coconut butter, black pepper, sea salt*); living nacho cheeze (cashews, red bell pepper, seasonings, sea salt,* nutritional yeast,/**/**); living nacho chips (flaxseeds, pumpkin seeds, tomatoes, cilantro, red bell pepper, carrot, jalapeno pepper, garlic, lime, seasonings, sea salt,* nutritional yeast,/**/**) 8.99

- **Living Nachos** (7967) 1.99 Flax seeds, carrots, pumpkin seeds, tomatoes, red peppers, jalapeno peppers, garlic, lime, nutritional yeast, seasonings, sea salt,* black pepper, nutritional yeast/**/** with living nacho cheeze**/** 4.99

- **Living Avo Un-Melt** (7435) Café made living seed bread (carrot, sunflower seeds, flax seeds, psyllium husk, seasonings, sea salt*), avocado, tomatoes, living nacho cheese,* sea salt* 8.99

- **Living Pizza** (7182) Café made living seed bread (carrot, sunflower seeds, flax seeds, psyllium husk, seasonings, sea salt*), tomatoes, shredded carrots, living nacho cheese,* sea salt* 7.99

- **Living Pumpkin Seed Burger** (8004) Café made living seed bread (flax seeds, tomatoes, onions, cilantro, seasonings, sea salt*), burgers (pumpkin seeds, red bell pepper, garlic, onion, parsley, seasonings, sea salt*), served with lettuce, tomatoes, onions, carrots. 6.99

### Sides/Add Ons

- **Avocado Slices** (7216) 1.99
- **Datya Cheese** (GF, SF) (7004) 1.99
- **Earth Balance Spread (contains soy)** (7401) .39
- **Cooked BBQ Tofu*** (7430) 2.99
- **Cooked Greens*** (7426) 2.99
- **Cooked Mac & Cheese*** (7428) 2.99
- **Cooked Sweet Potato Mash*** (7427) 2.99
- **Cooked Sweet Potato Fries** (7190) 1.99
- **Cooked Basmati Rice** (7130) 1.99
- **GF Corn Bread*** (7287) 1.59
- **GF Corn Bread*** with chili/soup (7425) 1.49
- **Living Pumpkin Seed Taco Meat*** (7336) 2.99
- **Living Pico De Gallo*** (7438) 1.99
- **Living Nacho Cheese*** (8049) 2.99
- **Living Sour Cream*** (8050) 2.99
- **Living Seed Bread Slice** (7958) 1.79
- **Substitute Living Seed Bread (GF)** (7109) /slice 1.49

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*not organic **not raw updated ***full ingredients above updated 11/24/17

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